

Getting Started With the Career Information System (CIS)

Here is the link to CIS. <http://oregoncis.uoregon.edu/webcis/>
If you fall behind, you can work on this at home!

Step 1:

(Only used the first time you open CIS)

CIS Login

Username: *hedrick*

Password: *hdms Hornets*

Step 2:

(Used to create your own account and used for the rest of the time you work in CIS)

Go to “Create My Portfolio” →
Create “My Portfolio”

User name: Your student ID #

Password: Hedrick1

Step 3:

Click on **My Career Cluster Inventory** in the **DASHBOARD**. See below. There are 48 questions. When you are done, click on **Get Results** and print two copies of the results bar graph. Turn one in to the teacher and keep the other copy in your binder to use for the rest of this assignment, and to show to your family! You can start planning now for classes and activities that will help you build experience in these career areas!

Dashboard Career Plan Explore Resources

Saved Work Favorites Account Settings Messages

DASHBOARD CIS JR

CIS JR STATUS

7% MY CAREER PLAN

You have begun the assigned activities

CAREER PLAN PHASE 1

WHO AM I?

- Name My Strengths, Talents, Interests, and ...
- My Career Cluster Inventory
- Learning Styles and Study Skills

Step 4:

Your Career Cluster Inventory bar graph is now saved in the **DASHBOARD** in your **SAVED WORK**. Your results show the career clusters that match you – according to the answers you gave! A ‘career cluster’ is a group of similar careers. *Dentists, Acupuncturists, Veterinarians, and Athletic Trainers* are all part of the ‘Health Science’ cluster because (even though they are different in many ways) these careers all involve working with the health of humans or other animals. For PART ONE of your CIS RESEARCH NOTES ORGANIZER, you are going to be reading about *one* of your top three clusters – pick the one that sounds most interesting to you! Click on the cluster title.

Step 5 (PART ONE of the CIS RESEARCH NOTES ORGANIZER):

Use the tabs on the left side of the screen to read about and take notes on one of your top three career clusters.

Overview

What Would I Do in this Cluster?

What Skills Do I Need for this Cluster?

What Courses Would I Take in High School?

What Activities or Hobbies Would I Be Involved in During High School?

How Much Do Occupations in this Cluster Pay?

What Would I Study in College?

Occupations

Step 6 (PART TWO of the CIS RESEARCH NOTES ORGANIZER):

Now you are going to learn about three specific careers from within any clusters that interest you. Of course, remember that the higher up the cluster is on your bar graph, the more it matches you and your interests!

Click on **Occupations** to find a list of careers in the cluster. Click on the most interesting one you see! Read the **Overview** and decide if this sounds like a good fit for you – if not, go back and find another occupation. Use the tabs below the **Overview** to read about and take notes on each of the different sections of the table in PART TWO of the CIS RESEARCH NOTES ORGANIZER.

Overview

What Will the Work Be Like?

Where Would I Work?

What Skills Do I Need?

How Much Would I Earn?

Will There Be Jobs in the Future?

Where Can this Occupation Lead Me?

How Do I Prepare?

What Should I Study?

Where Can I Find More Information?

Occupations

Occupation Cluster

Real World Interviews

Occupation Videos

Step 7: Repeat this process until you have notes on three different occupations. *Make sure you click on the star ★ to the right of each of your top three occupations and type one sentence about why you chose each; this marks them as your favorites for future exploration in 8th grade and high school!* Finally, write three questions at the bottom and you are finished! If you finish early, dig deeper: watch an Occupation Video, read a Real World Interview, or Click on the Where Can I Find More Information tab to walk even farther down your dream career path!

CIS Research Notes Organizer: Part One

<http://oregoncis.uoregon.edu/home>

Name _____
Date _____ Period _____

Top Cluster Title & Sketch

What Would I Do in this Cluster?

What Skills do I Need for this Cluster?

What Skills do I Need for this Cluster? (cont'd)

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What Courses Would I Take in High School?

What Activities or Hobbies Would I be Involved in During High School?


How Much Do Occupations in this Cluster Pay?

What Would I Study in College?

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After looking at the lists of Occupations in a couple of the clusters from the top half of your bar graph results, what are three specific occupations that look the most interesting?

1. _____
2. _____
3. _____

 Remember to click on the star to the right of each of these three occupations and type one sentence about why you chose them; this marks them as your favorites for future exploration in 8th grade and high school!

☺ Now turn to the back of this page to learn more about these three occupations! →

CIS Research Notes Organizer: Part Two

<http://oregoncis.uoregon.edu/home>

Name _____
Date _____ Period _____

Occupation Title & Sketch

How Do I Prepare? How Much Would I Earn? Will There Be Jobs in the Future? What Will the Work Be Like?
What Should I Study? Where Would I Work? What Skills Do I Need?

Choose one of these three occupations. Based on what you have learned, what three questions would you want to ask someone in this occupation?

Occupation: _____

1. _____
2. _____
3. _____